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National Healthcare Environmental Services & Housekeeping Week, Sept. 8-14, 2024

Held annually during the second full week of this month, Environmental Services Week/ Housekeeping Week honors the dedication of our diligent custodial staff. These exceptional individuals exemplify the teamwork and expertise essential for maintaining our facility's cleanliness, safety, and well-being.

Let's take this time to celebrate, appreciate, and sincerely thank all the professionals in healthcare environmental services for their hard work and commitment.



GRANDPARENTS DAY

Grandparents Day celebrates the important role grandparents play in families and society, highlighting their unique contributions and strengthening intergenerational bonds.

Looking for ways to celebrate? Here are some ideas to get you started:

Family Gatherings: Enjoy a meal together, whether it's dinner or afternoon ice cream. Share stories, memories, and quality time with one another.

Activities Together: Spend the day doing activities

grandparents enjoy, like listening to music, bowling, gardening, or playing cards and board games.

Video Messages: For long-distance families, arrange video calls or send video messages to connect. Text or email photos if you're not able to arrange a video call.

Take the time, Sunday, September 8 to recognize, appreciate, and celebrate the unique impact grandparents have on our lives through their wisdom, support, and love.



Happy Birthday!

STAFF

Betsy Meyer	9/2
Alana Kunkler	9/9
Joy Flum	9/10
Barb Crocker	9/12
Terry Hamilton	9/15
Kami Salway	9/21
Valerie Stammen	9/21
Ashley Hughes	9/29

RESIDENTS

Marjorie P.	9/14
Kandace H.	9/23
Judy E.	9/26
Craig T.	9/27
Marvin C.	9/30



PHOTO HIGHLIGHTS



Took a few residents to the Mercer County Fair. The ladies were treated to lunch, one man band, Mr. & Mrs. Mirrorball, door prizes, walked thru some fair buildings, and got their picture taken with 'Nelson' the Sasquatch.

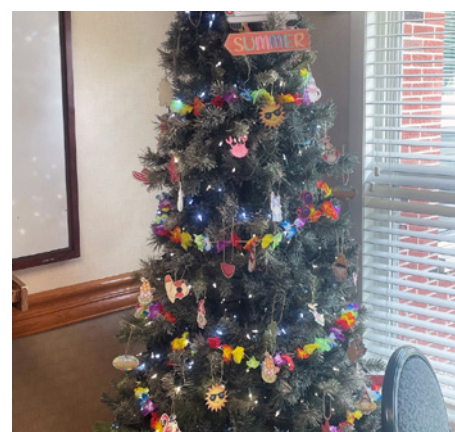
Employee of the Month: Tyler Rutledge



Our Employee of the Month is Tyler Rutledge. Tyler is one of our dietary aides and is a sophomore in high school. Tyler has made quite an impact on the residents in his short time here so far, they just adore him. Tyler loves to do anything outdoors and loving on his puppy Sadie. Thank you for all that you do, Tyler!



Activities try to incorporate 2-3 new games a month. This was one of the brand-new ones called Gone Fishin'.



Residents wanted to do a summer/luau theme for the August tree

MORE...PHOTO HIGHLIGHTS



We celebrated Root Beer float day the best way we could... with Root Beer Floats!!



We painted little pots in Maplewood. Next time we want to try glaze paint and have them put in a kiln.

We did a Pet Photo contest for National Pet Photo Day. This was a hit amongst families, staff and residents. We had 3 winners and top prize was \$20.

Activity Highlights

Residents are looking forward to anything fall. They cannot wait for bonfires, cookouts and apple cider. We will be having our Assisted Living week Sept. 8th-14th and the theme is Inspiring Generations.



Inspiring

GENERATIONS

**NATIONAL ASSISTED LIVING WEEK®
SEPTEMBER 8-14, 2024**

Short-Term Therapy Success Story

Our short-term Therapy success story this month is Daniel B. Dan was having issues with walking and weakness. Dan is now walking the length of the facility. He is staying up most of the day and doing more activities. Dan likes to be our jokester and says, "He did all the work." Dan credits the therapy department for getting him where he is now. Dan said, "The girls do amazing work!" and "Thank you for all that you do!"

Featured Resident: Judy E.

Our featured resident is Judy E. she lives in Maplewood, our assisted living. Judy grew up about 5 miles southwest of Rockford on farm with lots of chickens and married her high school sweetheart Rolland. Rolland went into the Army after high school and then they were married in 1968, they were married for 27yrs. They had 2 children Amy & Shawn. For the first 9yrs she was a homemaker then she became Parkways librarian for a few years. When Rolland passed, she was single for 5yrs before she married Ralph Evans. They were married Jan 1st, 2000, and were married for 21yrs and altogether she has 12 grandchildren and 12 great grandchildren. She has been at Divine for 2 yrs now and she said, "I love it here!" Thank you for choosing Divine as your home, Judy! We love having you!



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AT SHANE HILL

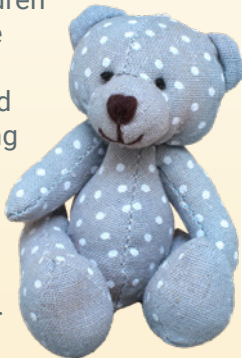
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Teddy Bear Day

Celebrated on September 9, National Teddy Bear Day has long been a cherished tradition, symbolizing comfort and companionship since its origins in the early 20th century. **Today, teddy bears are beloved stuffed animals that bring joy to grandchildren and loved ones of all ages, serving as enduring symbols of special people in their lives.**

Recently, memory teddy bears have gained popularity. These customized keepsakes offer a touching way to remember loved ones, whether living or passed. For example, if grandma adored sunflowers, a memory bear could be crafted from fabric featuring sunflower patterns, such as an old shirt or dress.

Creating a memory bear can help both adults and children cope with the loss of a loved one, honor their memory, and heal, while cherishing their personality and essence. It provides adult children and grandchildren with a tangible connection to those they hold dear, preserving precious memories and offering comfort for years to come.



DON'T SKIP A BEAT PREPARE FOR HEART ATTACKS

Recognize the signs. **Heart attacks look and feel different in women than they do in men.** Both men and women may feel chest pain when having a heart attack, but women are more likely to also experience shortness of breath, nausea or vomiting, and pain in the back, neck, or jaw.



Heart attack symptoms may include:

- Chest pain or discomfort, usually in the center or left side of the chest, that lasts for more than a few minutes or that goes away and comes back. The discomfort can feel like uncomfortable pressure, squeezing, fullness, or pain.
- Feeling weak, light-headed, faint, or a cold sweat.
- Shortness of breath.
- Pain or discomfort in the jaw, neck, or back.

- Pain or discomfort in one or both arms or shoulders.

Be safe, not sorry. Many heart attacks start slowly with relatively mild pain. Make an agreement with loved ones that you will call 911 as soon as anyone experiences any of the signs of a heart attack.

Keep a record of what medicines your loved ones are taking, what medicines they're allergic to, and who they want contacted in case of an emergency. **Being prepared now may just save a life later.**

Source: cdc.gov

SEPT. – WORD SEARCH

Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!



Word List

- ANTS
- BEAR
- CLEAN
- DOODLE
- DRAW
- GRANDCHILD
- GRANDMA
- GRANDPA
- HANDS
- HEART
- LABOR
- MEMORY
- SAFETY
- SIGNS
- SNACK